

TOUCH  
OF  
LOVE  
OUTREACH  
HEALTH  
AND  
SAFETY  
POLICY



# **HEALTH AND SAFETY POLICY**

## **TOUCH OF LOVE YOUNG ACHIEVERS CLUB**

TOUCH OF LOVE YOUNG ACHIEVERS CLUB is committed to upholding excellent levels of health and safety in order to safeguard the health and well-being of all our volunteers, staff, young people and visitors. To ensure this, TOUCH OF LOVE YOUNG ACHIEVERS CLUB is committed to:

- providing adequate control of the health and safety risks arising from our activities through a risk assessment process
- consulting with our workers on matters affecting their health and safety
- providing and maintaining safe premises and equipment
- ensuring information, support and guidance is provided on the safe handling and use of substances
- ensuring all workers are competent to do their tasks, and to give them adequate training, instruction and supervision
- preventing accidents and cases of work-related ill health
- maintaining safe and healthy working conditions
- reviewing and revising this policy as necessary at regular intervals.

## **TOUCH OF LOVE YOUNG ACHIEVERS CLUB**

### **Board/Management Committee**

The Board/Management Committee is ultimately responsible for the Health and Safety policy and practice of TOUCH OF LOVE YOUNG ACHIEVERS CLUB. Their role is to:

- Ensure a policy is in place.
- Ensure roles are allocated for its enactment.
- Monitor and review the policy annually.
- Consider reports of accidents and incidents.
- Consider training needs.
- Ensure adequate resources are allocated for Health and Safety training.

## **Employees and volunteers**

All workers have an obligation to take reasonable care for their own health and safety, and for that of others, and to co-operate with TOUCH OF LOVE YOUNG ACHIEVERS CLUB with respect to health and safety matters. Workers are requested to:

- Report any significant hazard or malfunction (e.g. trip hazards or broken equipment) to their supervisor.
- Conform to all instructions, written or verbal given to promote personal safety and the safety of others.
- Be sensibly and safely dressed for their particular task, location and conditions and to use appropriately and effectively all safety equipment and any other safety equipment that may be provided.
- Avoid improvisation in any form which could create unnecessary risks to health and safety (e.g. climbing on a chair to reach heights)
- Not bring into TOUCH OF LOVE YOUNG ACHIEVERS CLUB, without the appropriate authority, any tool, substance or piece of equipment of their own which is potentially hazardous to the health and safety of themselves or others.
- Report to their supervisor all accidents, whether injury was sustained or not, including any incidents of violence and aggression.
- Attend and participate in training as required.
- Be aware of the emergency evacuation procedures, positions of fire alarms, equipment and exits.

## **Accident Reporting**

It is the responsibility of the HEALTH AND SAFETY OFFICER to ensure that the following procedures for reporting and investigation of all accidents are implemented, and that all volunteers are aware of these procedures:

- All accidents (and 'near misses') are recorded on an Accident Form and then logged in the Accident Book; copies of Accident Forms are kept in THE BRIDGE CENTER and the Accident Book is kept in THE BRIDGE CENTER
- All accidents will be investigated by THE HEALTH AND SAFETY OFFICER and a note of the investigation will be made on the relevant Accident form.
- Corrective action is taken to prevent a reoccurrence.
- Report forms and full details of reportable accidents and incidents are kept and maintained.

## **Procedures and Guidelines**

Whilst the TOUCH OF LOVE YOUNG ACHIEVERS CLUB Board has overall responsibility for Health and Safety, the Health and Safety Officer is responsible for co-ordinating the day to day implementation of the Health and Safety policy and procedures. This includes:

- Regularly meeting with the First Aid Officer and the Fire Safety Officer to discuss issues
- Ensure the First Aid Officer and the Fire Safety Officer are adequately trained and supported to carry out their roles
- Carrying out necessary Risk Assessments with colleagues
- Reporting any Health and Safety issues or incidents to the Board
- Ensuring that Health and Safety information is included in new volunteer inductions

## **First Aid**

- The First Aid Officer is VIVINNE AMAKIRI
- The First Aid kit will be regularly checked and restocked by the First Aider
- The First Aid box is kept in THE BRIDGE CENTER
- The Accident Book is (in a confidential secure place) and Accident Forms are available from THE BRIDGE CENTER

## **Fire Safety**

- The Fire Safety Officer is CHIOMA
- The Fire Safety Officer will ensure that all workers receive information about Fire regulations and Fire drills are held regularly
- The Fire Alarms are IN THE BRIDGE CENTER
- The Fire Extinguishers are AT THE KITCHEN AND HALLS
- Fire Drills will be held: ON FRIDAYS
- The Fire Exits are HALL 2 AND KITCHEN
- The Emergency assembly point is HALL 1

## Insurance

The group has appropriate insurance for its needs. This is:

Details of Insurance including phone number for claims and policy number

## Risk Assessment

All TOUCH OF LOVE YOUNG ACHIEVERS CLUB activities are risk assessed to ensure that all necessary measures are put in place to safeguard workers, young people and the public. All risk assessments are carried out by a minimum of two workers (including worker supervising activity) and kept by (Health and Safety Officer) and regularly reviewed and updated. The risk assessment template can be found in Appendix 1.

- Whilst every risk assessment is different, it is likely that they will cover the need for:
- Consent and Information forms for young people
- Information and emergency contact details for workers
- Continuous implementation of (organisation) Child Protection Policy and Procedures
- Regular checking of all equipment (including First Aid and Fire Alarms) and premises used by the club
- Appropriate insurance for all activities
- Adequate worker ratios, training and supervision for all activities

# STANDARD PRACTICE

Hazard	Risk (how serious x how likely) 1 = low (not serious/unlikely) 5 = high (serious/likely)	Who is likely to be harmed	Control Measures	Risk after Control Measures
Weather conditions: <ul style="list-style-type: none"> <li>● blizzard</li> <li>● Flooding</li> <li>● very hot sun</li> </ul>	5 (serious e.g. fatal) x 2 (not very likely) = 10 (depending on location and the dependability of the weather conditions etc)	Young people Leaders	<ul style="list-style-type: none"> <li>● obtaining the forecast beforehand and cancelling the activity if the weather expected to be extreme</li> <li>● take sun block for the young people to apply</li> <li>● ensure all young people have adequate water supplies</li> <li>● check all young people have suitable clothing</li> <li>● ensure a home contact knows the route you will be taking and has contact details and an estimated time of arrival back to base</li> <li>● group leader has a hill walking or mountain leader qualification</li> <li>● the group leader has a map, GPS, charged mobile etc</li> <li>● group leader First Aid trained</li> </ul>	5 x 1 = 5 (likelihood of fatality decreased by control measures in place)

## APPENDIX 1

Risk Assessment Template (with example hazard included for a youth group mountain hike activity)